



Impact Report 24-25



Welcome Message

In FY 2024–25, TrulyHelp reached 3,000+ individuals across education, health, nutrition, and community programs, creating pathways for sustainable, inclusive change.

Through focused initiatives and responsible collaborations, we worked to address critical needs, strengthen livelihoods, and deliver long-term impact. The report showcases key achievements, impact metrics, and the collective efforts of our partners, supporters, and communities. This report highlights our key initiatives, measurable outcomes, and the partnerships that made this impact possible.

Thank you for being a part of our journey toward a more equitable and resilient future.



Education as a Catalyst for Social Change

Fostering academic growth, life skills, and long-term opportunities for underserved children

TrulyHelp's education initiatives positively impacted 350+ children and youth, supporting academic growth, life skills, and personal development. Through reinforcement programs, skill-building workshops, vocational exposure, and sustained mentorship, learners achieved measurable progress—80% in literacy and numeracy and 90% in essential life and employability skills.

Seasonal distributions of education and sports kits at Manesar School motivated children, making learning and co-curricular activities engaging and joyful. Targeted community outreach increased awareness of the importance of education and improved attendance in both in-person and digital programs. Feedback highlighted the value of individualized attention, experiential learning, and long-term mentoring.

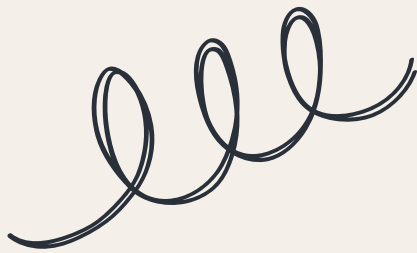


Despite resource and digital access challenges, the centers demonstrated resilience through blended learning models and strategic partnerships, expanding program reach and quality. Looking ahead, the Shiksha Center will continue to provide inclusive, high-quality education, expand enrollment, enrich curricula, deepen community partnerships, and sustain initiatives like kit distributions to ensure all children have the opportunity to learn, grow, and thrive.



Strengthening Communities Through Purposeful Action

Our community development initiatives have delivered meaningful impact by addressing immediate nutritional needs and supporting vulnerable populations across the NCR region. In collaboration with local partners and community volunteers, we implemented targeted dry ration distribution drives to assist families facing economic hardship.



A focused dry ration distribution drive in Makora Village, Greater Noida, supported 300+ families by providing essential food supplies and strengthening household food security. Additionally, 50+ widow women in Noida Sector 15 received nutritional support, contributing to their dignity, stability, and well-being. Further assistance was extended to migrated families across the NCR, helping them meet basic nutritional needs during periods of transition and economic uncertainty.



These initiatives were made possible through the generous in-kind support of dry rations from Maple Highway, whose contribution enabled timely and effective outreach. Collectively, these efforts reinforced community resilience, addressed hunger at the grassroots level, and reflected our continued commitment to inclusive and sustainable community development.

Advancing Inclusive Sports Development



TrulyFit is a focused sports development initiative designed to support young athletes by enhancing both performance and well-being. The program combines structured sports engagement with essential hydration and nutrition support, ensuring athletes remain energized, safe, and competition-ready during high-intensity training and competitive events.

As part of this initiative, TrulyFit provided clean drinking water and energy drink support during the 9th National Lawn Bowls Championship, addressing a critical need for proper hydration and endurance among participating athletes. This support helped improve on-field performance, reduce fatigue, and promote athlete health throughout the event.

By ensuring access to basic sports nutrition, particularly for athletes from diverse and underserved backgrounds, TrulyFit fosters confidence, resilience, and fair participation. The initiative reflects our continued commitment to inclusive sports development, enabling young athletes to perform at their best while building discipline, teamwork, and sporting excellence.

Compassion in Action: Winter Support Initiative

Ensuring warmth and well-being for those most affected by harsh winter conditions

During the winter season, our blanket distribution initiative provided critical relief to vulnerable communities in Varanasi and the Delhi NCR region, helping protect individuals and families from harsh cold conditions. The initiative focused on supporting people experiencing homelessness, elderly individuals, daily wage workers, and economically disadvantaged families who are most affected during extreme winter months. By distributing warm blankets in high-need locations, the program helped reduce exposure-related health risks and offered immediate comfort and dignity to beneficiaries. Community volunteers and local partners played a key role in identifying the most vulnerable groups and ensuring timely distribution.



This winter relief effort reflects our commitment to responsive, need-based interventions that address seasonal vulnerabilities. Through timely action and community collaboration, the initiative contributed to improved well-being and reaffirmed our dedication to supporting the most underserved populations during times of critical need. This winter relief effort reflects our commitment to responsive, need-based interventions that address seasonal vulnerabilities. Through timely action and community collaboration, the initiative contributed to improved well-being and reaffirmed our dedication to supporting the most underserved populations during times of critical need.

Comprehensive Healthcare Support for Families and Critically Children!!

Providing free medicines, nutritional aid, and holistic care to empower vulnerable families and support children undergoing cancer and bone marrow treatments



Our healthcare initiatives reached 300+ families by providing free medicines, helping them manage medical expenses and access timely treatment. Special focus was given to 25+ children undergoing cancer treatment or bone marrow transplants, offering medical, emotional, and nutritional support to aid recovery.

In addition, dry ration kits were distributed to the families of these patients, ensuring their basic needs were met while they focused on care and recovery. These combined efforts address both medical and socio-economic challenges, strengthening families, promoting patient well-being, and reflecting our commitment to holistic healthcare support for the most vulnerable.

Celebrating Joy and Giving: Donor's Birthday with TrulyHelp Children and Communities

At TrulyHelp, we believe in turning celebrations into opportunities to give back. This year, we celebrated the birthday of one of our generous donors by engaging with children and families from rural communities. Through interactive activities, games, and storytelling, the celebration brought joy, smiles, and a sense of togetherness to the children. In keeping with TrulyHelp's mission of meaningful impact, gifts and essential supplies were distributed, ensuring that the celebration extended beyond festivities to provide tangible support for underserved families. This event exemplifies how generosity and celebration can come together to create lasting happiness and community impact.



We'd like to thank all our donors for their *generous support*



Acknowledgements

Thanks to the generosity of our donors, volunteers, and partners, we reached widow women, rural communities, and economically disadvantaged families with essential food supplies. Your support has brought nourishment, dignity, and hope to those who need it most.

Thanks to your unwavering support, we have been able to bring tangible relief and meaningful change to those who need it most. Together, we are fostering a future where every individual has access to nourishment, dignity, and hope. We look forward to continuing this journey hand in hand, creating lasting impact in the communities we serve.

